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## Book Review and Giveaway: *Bite Me Cookbook*

by Catherine Jheon Tuesday, November 10, 2009 1:16 PM



**Bite Me** by sisters **Julie Albert and Lisa Gnat** is no ordinary self-published cookbook. First off it looks very professional, thanks to **Bruce Mau Design**, with lots of glossy gorgeous photos.

And it's very funny – the self-described **"not-so-sweet, tiny-bit-salty"** sisters are hilarious and saucy and not necessarily in that order. I only had to read to page nine to find out Lisa's "freebie" is **Gordon Ramsay**. Julie's is Dennis Leary if you were wondering.

It also offers 175 dependable recipes that are sure to satisfy. With recipes such as **TGTBT (To good to be true) Salad Rolls and Dyn-o-Mite! Asian Meatballs**,

comparison to those other sisters -- who also self-published their cookbooks and are known for their sense of fun (I'm talking about the **Podleski sisters** if you haven't guessed already) -- are inevitable.

And like the Podleski sisters who have found fame with their irreverent style, landing their own show on **Food Network Canada**, I foresee success for Julie and Lisa. It's not surprising that **Heather Reisman** decided take these newbie cookbook authors under her wing.

It's obvious the two sisters have poured their hearts into this book. Beyond recipes, it's full of fun food quotes, tips on everything from how to salvage your dinner from brink of disaster to top 10 kitchen tools the sisters can't live without. There's even a musical playlist. Full of attitude and sass, **Bite Me** is not your grandma's cookbook, but if you're looking for entertainment along with some good solid recipes look no further.



**Giveaway:** I have a copy of *Bite Me: A Stomach-Satisfying, Visually-Gratifying, Fresh-Mouthed Cookbook* for the person who can tell me the name of Podleski sisters' show. Email me your answer at [blog\(@\)foodtv\(.\)ca](mailto:blog(@)foodtv(.)ca) with **Bite Me** in the subject line. I'll choose the winner at random. Please see [contest rules](#). Contest is now closed. Congrats to **Melanie B.** from Winnipeg.

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